



Making it Possible!

“People with disabilities need to be treated ordinary – but we do have some extras.”  
Aubrie Westmaas

“Parallels in Time” — disability history ancient times to now.

Your dream is like the lighthouse leading you on your travels. At every crossroad - you decide if it's taking you in the direction of your dream — or away from your dream.

When you think about your dream — imagine your best future.  
As if you could wave a magic wand and all the obstacles would disappear...

Who would you spend time with?  
What would you do?  
Where would you go?  
When would you do it?  
How would you make decisions?

Questions to think about:  
What do you love to do?  
What are you most curious about?  
What brings out the very best in you?  
What do others say your gifts are?  
How do you make a positive difference?  
What do you choose to do in your spare time?  
What do you do without being asked or reminded?



The lead character is you:

- I am good at...
- I want to learn more about...
- I need help with...
- I do my best when...
- I belong...
- I want to be more...

### Your Tree of Possibilities

Places I belong

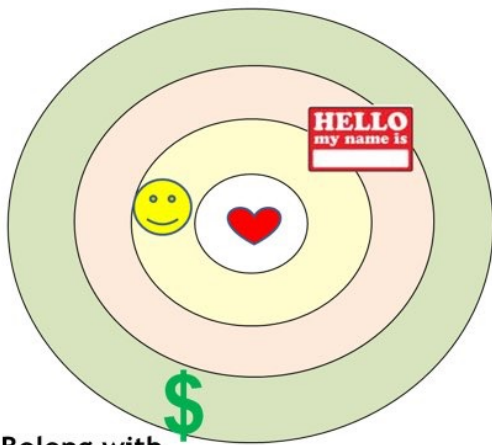
Skills, talents, and gifts I share

My contributions

Things to avoid!

What I need for safety and stability -->

## Who do you know?



Family  
 Friends  
 People you Belong with  
 People who get Paid

### 5 Dimensions of Inclusion

Contributing

Choosing

Belonging

Being Somebody

Sharing Places

Beth Mount & Connie Lyle O'Brien  
 Inclusion Press ©2007

**Your dream:**

**Know it!**

**Say it!**

**Share it!**

**Invite others to join**

**Your People:**

**Social Capital** — who knows you and likes you?

**Networking** — “I know a guy!”

**Celebrate regularly!**

**Your Way:**

**Assume competence**

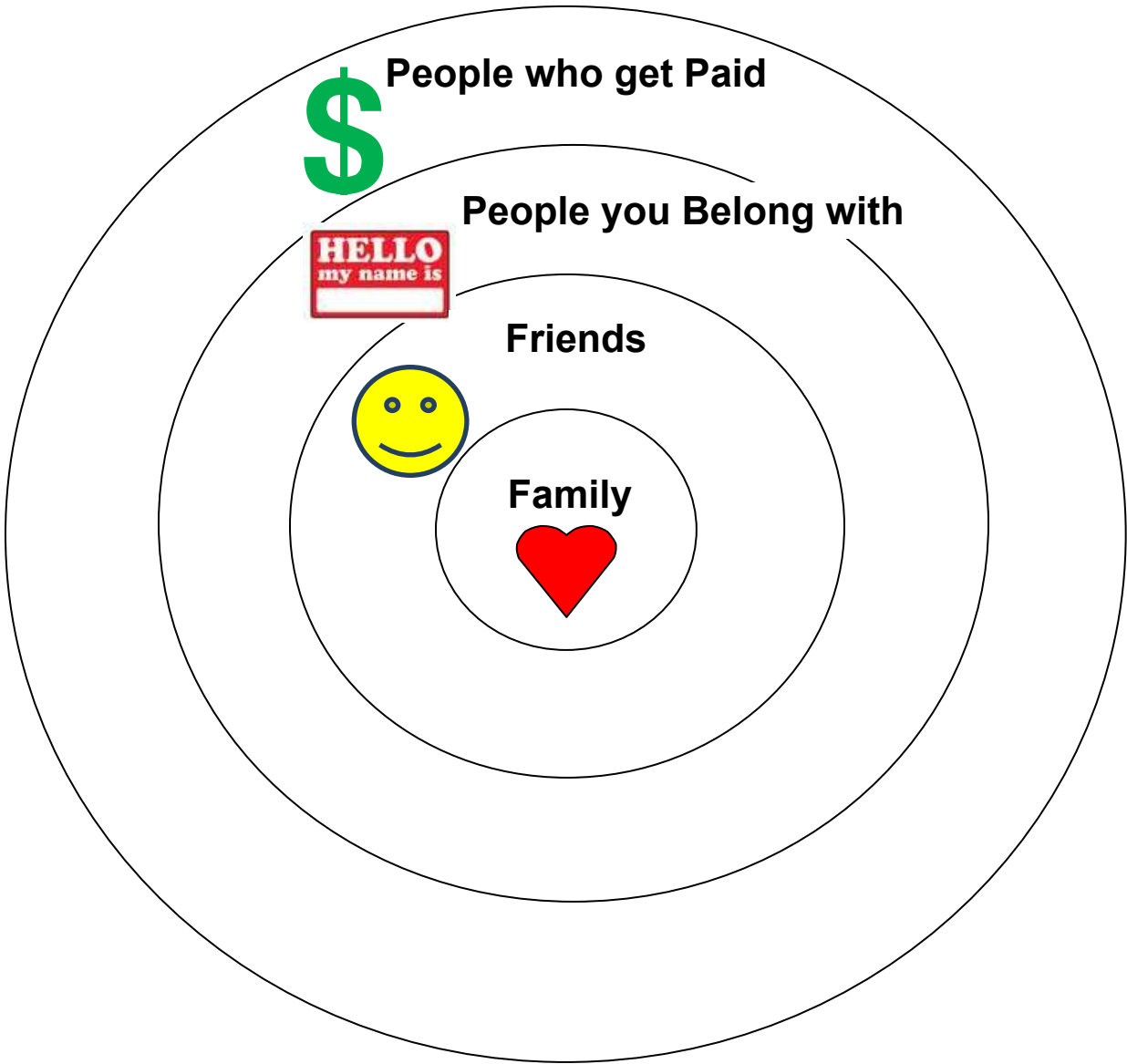
**Keep doors open**

**Allow dignity of risk**

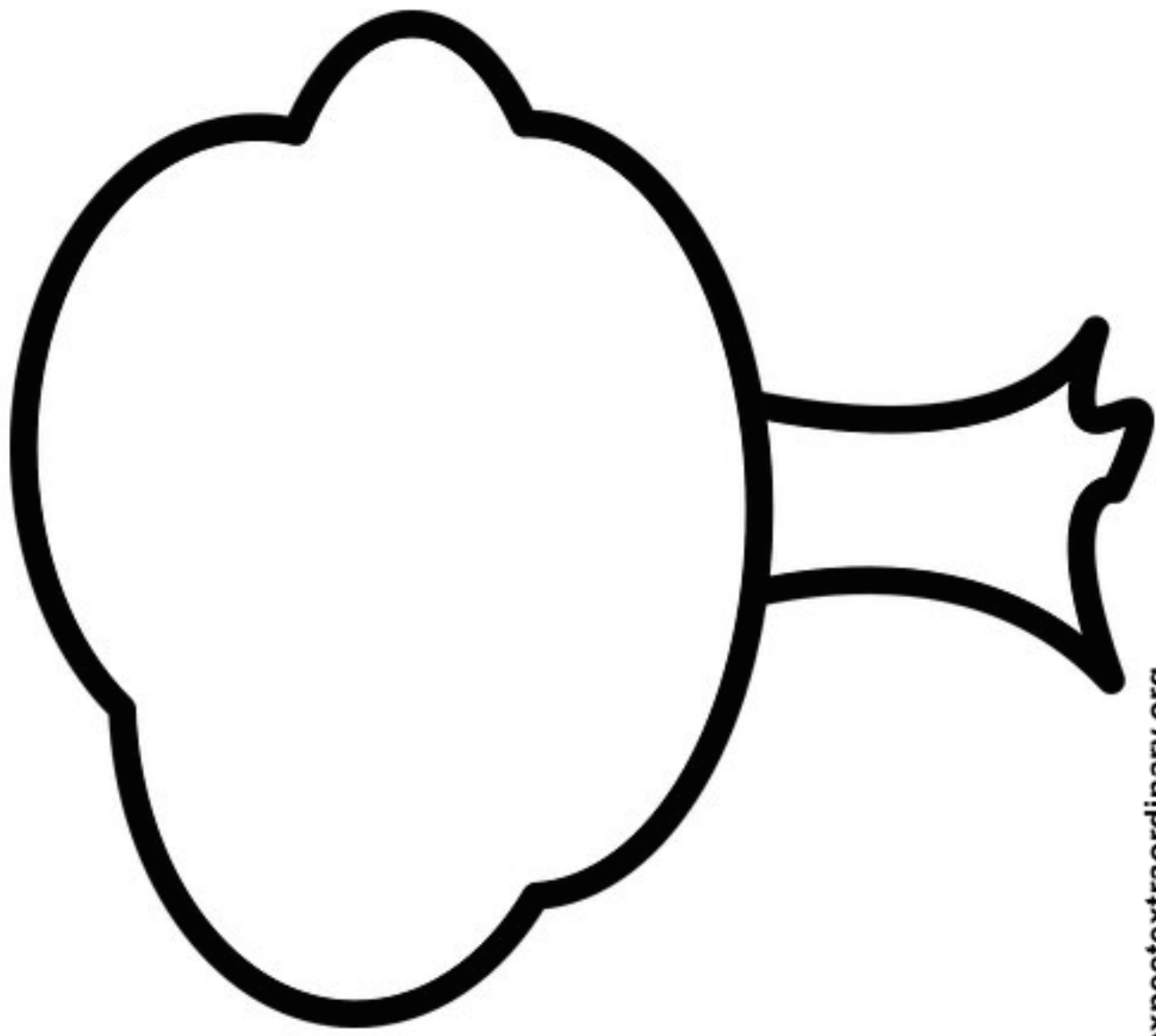
**Make room for magic**

**Overcome fear**

# Who Do You Know?



# Your Tree of Possibilities



Sample Student "Tree of Possibilities"

